

Individual Course Descriptions

#010 Anatomy and Physiology (18 Cr.)

Introduction - Objectives

The Human Body: An Orientation

- A) Definition Of Anatomy And Physiology
- B) Organ Systems
- C) Necessary Life Functions
- D) Metabolisms
- E) Homeostasis
- F) Body Cavities

Basic Chemistry

- A) Forms of Energy
- B) Elements and Atoms
- C) Patterns of Chemical Reactions
- D) Inorganic Compounds
- E) Organic Compounds

Cell And Tissues

- A) Anatomy of a Generalized Cell
- B) Cell Physiology
- C) Nervous Tissue
- D) Tissue Repair (Wound Healing)
- E) Developmental Aspects of Cells

Skin and Body Membranes

- A) Classification Of Body Membranes
- B) Basic Skin Functions
- C) Structure Of The Skin
- D) Appendages Of The Skin
- E) Homeostatic Imbalances For Skin

The Skeletal System

- A) Functions Of The Bones
- B) Bone Formation,
- C) Bone Fractures
- D) Skull
- E) Vertebral Column (Spine)
- F) Joints
- G) Developmental Aspects Of The Skeleton

The Muscular System

- A) Overview Of Muscles Tissues
- B) Types Of Muscles
- C) Gross Anatomy Of Skeletal Muscles
- D) Developmental Aspects Of The Muscular System

The Nervous System

- A) Organization Of The Nervous System
- B) Neurons
- C) Functional Anatomy Of The Brain
- D) Brain Dysfunctions
- E) Spinal Cord
- F) Structure Of A Nerve
- G) Autonomic Nervous System
- H) Developmental Aspects Of The Nervous System

Blood

- A) Composition & Functions of Blood
- B) Plasma
- C) Homeostasis
- D) Human blood groups

E) Developmental aspects of blood

The Cardio-Vascular System

- A) Cardiovascular System: The Heart
- B) Gross Anatomy Of Blood Vessels
- C) Physiology Of Circulation
- D) Developmental Aspects

The Lymphatic System And Body Defences

- A) Lymphatic System
- B) Cells And Chemicals
- C) Cells Of The Immune System:
- D) Cells Of The Immune System: Response
- E) disorders Of Immunity
- F) Developmental Aspects

The Respiratory System

- A) Functional Anatomy
- B) Mechanics Of Breathing
- C) External Respiration, Gas Transport,
- D) Respiratory Disorders
- E) Developmental Aspects

The Digestive System And Body Metabolism

- A) Anatomy Of The Digestive System
- B) Overview Of The Gastrointestinal Processes And Controls
- C) Metabolism
- D) Carbohydrate, Fat, And Protein Metabolism In Body Cells
- E) The Central Role Of The Liver
- F) Body Energy Balance
- G) Developmental Aspects Of The Digestive System And Metabolism

Special Senses

- A) Anatomy Of The Eye
- B) Eye Reflexes
- C) Anatomy Of The Ear
- D) Mechanisms Of Equilibrium
- E) Chemical Senses

The Endocrine System

- A) The Endocrine System & Hormone Function – an overview
- B) The major endocrine organs
- C) Placenta
- D) Developmental Aspects of the Endocrine System

The Urinary System

- A) Kidneys - Location And Structure
- B) Control Of Blood Composition By The Kidneys
- C) Ureters, Urinary Bladder, And Urethra
- D) Developmental Aspects Of The Urinary System

The Reproductive System

- A) Anatomy Of The Male Reproductive System
 - B) Male Reproductive Functions
 - C) Anatomy Of The Female Reproductive System
 - D) Female Reproductive Functions And Cycles
 - E) Mammary Glands
 - F) Survey Of Pregnancy And Embryonic Development
 - G) Developmental Aspects Of The Reproductive System
- Marked Activities, Answers, Exam
From Atom to Molecule
Mater, the Foundation of Nature
Energy Levels

Basic Chemistry

- Chemical Activity of Atoms

- Molecules
- Organic Molecules
- Carbon
- Functional Groups
- Monosaccharides
- Lipids
- Proteins

- Marked Activities • Answers • Exam

#121 One Planet, One World (3 Cr.)

•Student's Guide

- Teaching Method And Work Requirements
- Useful Information

•Objectives & Presentation

•Terminology

•BRUNDTLAND rapport

- The rld Commission on Environment and Development

- Mrs Gro HaWorlem Brundtland

•Introduction to Sustainability

•The Commission and its Work

- Recommendations

•General Principles, Rights, And Responsibilities

- Principles, rights, and obligations
- State Responsibility
- Peaceful Settlement Of Disputes

•Agenda 21

•Indicators

- Sustainability Indicators
- Sustainability and Sectors
- Agriculture
- Air Pollution • Atmosphere
- Air Quality • Biodiversity
- Biofuels • Combined Heat & Power
- Conservation & Preservation
- Cycling & Walking
- Energy
- Energy Efficiency
- Energy from Waste
- Forests
- Fossil Fuels•Geothermal Energy

•Human Health

- Hydroelectric Power
- Land Use Planning
- Nuclear Power

•Population • Poverty

•Power Generation

•Public Transport

•Renewable Energy

•Solar Energy • Tidal Power

•Transport - Impacts - Solutions

- UK Sustainable Development Strategy

•Waste Disposal • Waste Recycling

- Water Quality
- Wave Power
- Wind Power • Climate

•Climate Change • Global Warming

- Ozone Depletion
- Weather

•Revision

•Ten Years Later

- Rio earth summit
- Local Agenda 21
- Earth Summit
- The State of the Planet after Rio

•Conferences**•Annexes****•Revision**

- Activity 2

•Kyoto Summit**•La Haye**

- Activity 4

•Marked Activity, Answers, Exam**#122 Vital Hygiene (3 Cr.)****•Student's Guide****•Introduction****•The principles of nature**

- The constructive principle of nature
- The destructive principle of nature

•The naturopathy principle

- Life and vibratory emission

•Natural immunity

- Sickness and its causes
- Adaptation syndrome
- The human being as transmitter-receiver
- The curative crisis and the morbid crisis
- The materialist conception
- The vitalist conception

•Revision**•The etiological principles of vital hygiene**

- Lack of exercise - Lack of sunlight
- Lack of fresh air
- Poor diet
- Fatigue - Clothing - Temperature
- Work - Sleep - Bathing
- Poisons - Falls
- Spinal and structural lesions
- Emotions
- Excess and lack
- Revision

•The atmosphere and pollution

- Air pollution
- The many problems caused by mechanical ventilation•The perverse effects of chemical contaminants
- The vocabulary of clean air
- Revision

•Food quality

- Organoleptic characteristics
- Nutritional value
- Safe food
- Hormonal products
- Antibiotics
- Pesticides
- Preservation of food by radiation
- Genetically manipulated food
- Revision

•Metals - Lead

- Mercury - Cadmium
- Aluminium - In short
- The dangers of dental amalgams
- Revision

•The elements

- Sun-rays - Lighting - Water

- Revision

•Mental hygiene

- Introduction
- Self control and positive thinking
- Positive affirmations
- Mental treatment
- Conclusion
- Marked Activities, Answers, Exam

#131 The Pillars of Health (3 Cr.)**•Student's Guide****•Introduction**

- Health and Practitioners

•Manipulative Approaches

- Osteopathy
- Massage
- The Healing Touch

•Lymphatic Drainage**•Oriental Approaches**

- Energy Medicine
- Auricular Therapy
- Ayurvedic Medicine
- Polarity
- Chakras and Tattwas
- Reiki

•Naturopathic Approaches

- Phototherapy and Heliotherapy•Chromotherapy
- Aromatherapy
- The Floral Elixirs of Dr BACH
- Homeopathy and Biotherapies
- Nutritherapy
- Phytotherapy
- Psycho-Educational Approaches
- Spiritual Healing
- Hypnotherapy
- Art Therapy

•Diagnostic Approaches

- Iridology
- Dowsing

•Marked Activities, Answers, Exam**#141 Food Substances (6 Cr.)****•Student's Guide****•Introduction****•Basic Components**

- Water
- Mineral Salts
- Sources of Mineral Salts
- Trace Elements
- Proteins
- Lipids
- Carbohydrates
- Vitamins
- Revision

•Food Groups

- Meat, Fish and Eggs
- Fish and Shellfish
- Eggs - Milk and Cheese
- Fats•Oils and Margarine
- Food Grains and Related Foods
- Bread and Other Starchy Products
- Other Food Grains

- Legumes

- Fruits and Vegetables

•Dietary Value**•Acidic and Semi-acidic Fruits**

- Revision

•Dietary Recommendations

- Additional Recommendations (Vitamins, Minerals, Trace Elements, etc.)
- Index of Dietary Recommendations
- Marked Activities, Answers, Exam

#151 History and Foundations (3 Cr.)**•Students' Guide**

- Deadline
- Objectives
- Teaching Method and Work Requirements

•History of Medicine

- A Few Definitions
- Main Historical Figures
- The Two Faces of Medicine
- American Debate
- Pathologists

•The 20th Century•History of Naturopathy

- Introduction
- Naturopathy in Quebec
- Revision

•Naturopathy Today

- Development of Alternative Practices
- Health and Health Practitioners

•CODE OF ETHICS**•Marked Activities, Answers, Exam****#225****Electromagnetism (3 Cr.)****•Students' Guide**

- Introduction
- Electromagnetic Spectral Representation
- Electromagnetic Fields
- Electromagnetic Fields & Appliances
- Electromagnetic & the Human Body
- Electric & Magnetic Fields
- Influence of an Increase or Decrease of Electrical Tension on an Electromagnetic Field
- Production & Distribution of Electricity
- Study I

Introduction**Studies on the Pineal Gland and Melatonin****Studies on Magneite****Scandinavian Statistical Studies****Study II****Introduction****Effects on Eyes****Effects on Sleep****Effects on Reproduction****Hyper Frequencies & Increase in Cancers****Human Reactions to Hyper Frequencies & the Relationship to Subjects Height****and Effects on Active Implants****Protection Against Cell Phones**

International Standards
Ex Soviet Union Standards
Standards by Country
Daily Dangers
Computers
Working Environment
Home Environment
High Tension Electrical Lines
Erratic Currents
Fundamental of Cell Phone Antennas
Frequencies & Voltages Used by Different Appliances
Wave Lengths
Unit of Measure for High Frequencies
Wave Lengths Healthy Waves Lengths
Wave Length & Magnetic Field therapies
•Marked Activities, Answers, Exam

#214 Medication, Tests and Emergencies (3 Cr.)

•STUDENT'S Guide
•Medication
 •What is Medication? • Origins
 •Medication Access Routes
 •Action of Medication
 •Trajectory in the Body
 •The Dangers of Medication
•Drug Families
 •Antalgics or Analgesics • Antacids
 •Antibiotics • Anticoagulants
 •Aspirin • Barbiturates
 •Beta Blockers • Bronchodilators
 •Cancer • Corticosteroids
 •Digitalis Extracts • Diuretics
 •Epilepsy • Gout
 •Histamine • Arterial Hypertension
 •Hypnotics • Inflammation
 •Laxatives • Parkinson's Disease
 •Nausea • Neuroleptics
 •Spasms • Tranquilizers
 •Gastroduodenal Ulcers • Virus
 •Revision
•Chemical Tests and the Organisation of the Healthcare System
 •General Tests
 •Blood Tests
 * Uric Acid
 * Beta HCG
 * Calcium
 * Partial Thromboplastin Time
 * Cholesterol
 * Creatinine
 * Gamma-glutamyl-transpeptidase
 * Glycaemia
 * Blood Group *Haemoculture
 * Hormones * Ionogram•Full Blood Count
•Biological Analyses
 •Amniocentesis • Amnioscopy
 •Angiography • Audiogram
 •Biopsy • Doppler • Ultrasound
 • Electrocardiogram
 •Electroencephalogram • Stool and Urine Tests
 •Fibrosocopy •Pap Smear

•Hysterosalpingography • Hysteroscopy
 •Laparoscopy • Barium Enema
 •Mammography • Phlebography
 •Puncture • Sampling
 •Nuclear Magnetic Resonance • Scanner
 •Spermogram • Skin Tests
 •Summary Table of the Main Biological Constants
•Emergencies
 •The Main Principles of First Aid Treatment
 •1•Protect the Victim and Make the Surroundings Safe
 •2•Loss of Consciousness
 •3•Call an Ambulance or the Police
 •4•Clear the Airway
 •5•Absence of Breathing
 •6•Stop Bleeding
 •7•Poisoning
 •The Heart
 •What to Do
 •Traffic Accidents • Drowning
 •Electrocution • Burns
 •Major Wounds • Fractures
 •Strains and Dislocations
 •Frostbite • Section of a Limb
 •Animal Bites and Stings
•Marked Activities, Answers, Exam

#231 Health Education (6 Cr.)

•Students' Guide
 •Presentation and Objectives
•Introduction
 •Health Education
 •Definition
 •Role of Health Education
 •Sectors of Action of Health Education
 •Revision
•Cell Poisoning
 •Introduction
 •Definitions
 •Poisoning
 •Functional Illness
 •Organic Illness
 •Endogenous Toxins
 •Exogenous Toxins
 •Toxic Factors
 •Crystals
 •Glues
 •Paths of Toxins
 •Liver
 •Blood
 •Colon Fermentation
 •Derivation
 •Morbid Transfers
•Functioning of Derivation
 •Therapeutic Importance of Derivation
 •Introduction
 •Signs of Poisoning
 •Liver: Hepatic and Biliary Emunctories
 •The Intestines
 •Emunctories: Kidneys
 •Emunctory: Skin
 •Emunctories: Lungs
 •Lymphatic System
 •Conclusion
•Detoxification

•Introduction
 •Drainage
 •Drainage Techniques Using Gemmotherapy
 •Other Forms of Drainage
 •Cleaning/Scrubbing
 •Conclusion
•General Health Assessment
 •The State of Health at the Beginning of the 21st Century)
 •Main Health Problems
 •Conclusion
•Marked Activities, Answers, Exam

#232 Biotherapy (6 Cr.)

Introduction
History of homeopathy
Foundations of Homeopathy
 Law of Similars
 Different Modes of Thought
 Unicism
 Pluralism
 Complexism
 Homeopathic Roots
 Revision
Application Principles
 Law of the Minimum Dose
 Dilution and Dynamisation
 Principle of Globality
 Principle of dilution
 Revision
Materia Medica
 A Study of Several Sections
 Valorisation of Signs
 Deterioration and Improvement
 Polychrests
 3 Main Families
 1- Sulfur and its Satellites
 2- Calcarea Carbonica and its Satellites
 3- Lycopodium
 Revision
Gemmotherapy
 Definition and concept
 Usefulness
 Galenic Form
 prescription Examples
 List of Common Extracts
 Revision
Organotherapy
 Definition And Concept
 galenic forms and dilution
 strains
 prescription Examples
 Mode of action
 Revision
Nosodes
 Definition and concept
 List of biotherapies or Nosodes
 Classification
 galenic Forms and dilution
 prescription Examples
 Revision
Isotherapy
 Definition and concept
 strains
 galenic Forms and dilution
 prescription examples
 Revision

Lithotherapy

Definition and concept
Mode of action
galenic Forms and dilution
strains
prescription Examples
Revision

selective remedies

First Remedies
Adolescent Remedies
Remedy For Genital Accumulation And Secretion
Remedy For Repeated Infections
Remedy for tissue and nerve sclerosis
Revision

BIOChemistry

General Notions

Therapeutic Indications

N°1 -- CALCAREA FLUORICA (CALCIUM FLUORIDE)
N°2 - CALCAREA PHOSPHORICA (CALCIUM PHOSPHATE)
N°3 - CALCAREA SULPHURICA (CALCIUM SULPHATE)
N°4- FERRUM PHOSPHORICUM (IRON PHOSPHATE)
N°5- KALI MURIATICUM (POTASSIUM CHLORIDE)
N 6 - KALI PHOSPHORICUM (POTASSIUM PHOSPHATE)
N°7- MAGNESIA PHOSPHORICA (MAGNESIUM PHOSPHATE)
N°8 -- NATRUM MURIATICUM (SODIUM CHLORIDE)
N°9 -- KALI SULFURICUM (POTASSIUM SULPHATE)
N°10- NATRUM PHOSPHORICUM (SODIUM PHOSPHATE)
N 11 -- NATRUM SULPHURICUM (SODIUM SULPHATE)
N°12 -- SILICEA (SILICA)
Posology
Revision
Personal Work
•Marked Activities, Answers, Exam

#242 Nutrition**(3 Cr.)**

•Student's guide
•Introduction
•Terminology
•Anatomy and functional organisation
•The digestive system
•Digestive mechanisms
•Particularities of the small intestine
•Particularities of the colon
•Particularities of nervous control along the digestive tract
•Digestive absorption
•Gastro intestinal motility
•Characteristic movements
•Mastication and swallowing
•Gastric motility
•Musculature of the gastrointestinal tract
•Innervation of the digestive tract
•Mucous membrane
•Cytoaggression and cytoprotection
•Gastro intestinal and adrenal gland secretions

•Saliva
•Gastric secretions
•Pancreatic secretions
•Hepatic secretions
•Intestinal juice•Enzymes
•Enzyme constitution
•Revision
•Digestion and absorption
•Absorption of vitamins
•Absorption of water and salts
•Digestive molecule absorption table
•Metabolism and nutrition
•Nutritional assessment
•Required amount of calories
•Distribution of energy expenditure
•Transformation of fats - cholesterol
•Dietary fibres
•Chronic pathologies
•Diabetes mellitus
•Reactive hypoglycaemia
•Nutritional anaemia
•Megaloblastic anaemia
•Anorexia nervosa
•Answers
•Annexes
•Drugs and nutrition
•Evaluation table
•Marked Activities, Answers, Exam

#243 Living Food**(3 Cr.)**

•Student's guide
•Introduction
•Acid-base, a Dynamic Balance
•Definitions - pH
•Increasing or Decreasing Acidity
•Blood and Tissues are Different
•The Kidneys and Lungs
•The Dynamics of Digestion
•Fermentation and Putrefaction Processes
•Diurnal and Nocturnal Phases
•Signs of Tissue Acidity
•Correction of Tissue Acidosis
•Acid-Producing Foods
•Alkali-Producing Foods
•Balanced Foods
•Oxygenation • Acid-Base Food Table
•Vegetables - • Lipids
•Carbohydrates - Compromise Foods
•Degenerating Foods
•Some Acids • Revision
•A balanced diet
•Balanced meal - Distribution of Food
•Proper Distribution of Calories
•Intelligent Cooking • Seasonings
•Choosing the right products
•Fish - Meat • Dairy Products
•Preserves and Frozen Foods
•Which Beverages Should We Drink?
•Tea, Coffee, Cocoa and Chocolate
•Alcohol
•Back to the Sources
•How to Read a Label
•The Dangers of Oxidation
•Free Radicals and Arteriosclerosis
•Protection Mechanisms • Revision
•Diets
•The Golden Rules
•Treating Digestive Problems•Salt-Free Diet
•The Generous Diet
•The Standard Diet
•The Strict Diet
•Diet to Treat Gout
•Obesity

•Diet-Related Problems
•General Advice For Healthy Eating
•The Main Dietary Trends
•Food Compatibility - • Rules
•Vegetarianism and Veganism
•Folklore vs. Scientific Data
•The Rules of Macrobiotics
•From Etymology to Conception
•From Japan to America
•Moving with Yin and Yang
•Raw Food Diets and instinctotherapy
•The Kousmine Trend
•Grape Diet - • Lemon Diet • Milk Diet
•Differences Between Human and Cow Milk
•Sprouting •Revision
•Seasonal Hygienic and Dietary Rules
•Seasonal Menus
•A Spring of Purification
•A Summer of Compensation
•An Autumn of Cleansing
•A Winter of Warmth
•The Consequences of Food Refining
•Refining of the Most Common Foods
•Conclusion
•Annexe
•Synthetic Nutrients: A Hoax
•Who Needs Supplements?
•Do You Need Iron?
•Do You Need Lactobacillus?
•Recommendations for Daily Vitamin Supplies
•The dance of Minerals
•Marked Activities, Answers, Exam

#351 The Regenerative Cure (6 Cr.)

•Students' Guide
•Useful Information
•Introduction
•Definitions - Usefulness
•Galenic Form - Prescription
•List Of Common Extracts • Revision
•2- Rheumatology
•Osteoarthritis
•Senescence Of The Osteo-Articular Apparatus - Coxarthrosis
•Gonarthrosis
•Osteoarthritis With Hyperuricaemia
•Osteoarthritis In Small Joints
•Osteoporosis
•Inflammatory Rheumatism
•Dupuytren's Contracture And Peyronnie's Disease - Gout
•Decalcification In A Young Person
•Strengthening Of Fractures
•3- Nervous Apparatus
•Common Functional Disorders
•Insomnia - Spasmophilia
•Migraines - Depression -Neurosis
•Cerebral Involution In The Elderly
•Subjective Syndrome Of Patients Who Have Suffered A Shock
•Facial Neuralgia
•4- Respiratory Apparatus
•Nose - Throat
•Juvenile Rhinopharyngitis
•Chronic Sinusitis - Respiratory Tract
•Chronic Bronchitis - Asthma
•Emphysema

•5- Digestive Apparatus

- Mouth - Parodontosis
- Dental Cavities In Children - Stomach
- Gastritis, Gastro duodenal Ulcers
- Liver - Gallbladder
- Pancreas - Intestines
- Chronic Constipation
- Spasmodic Colitis
- Diarrhoea Following Antibiotic Treatment

•6- Renal And Urogenital Apparatus

- Renal And Urinary Apparatus
- Renal Insufficiency - Recurring Cystitis
- Genital Apparatus - Prostate Adenoma
- Masculine Sexual Asthenia
- Dysmenorrhoea - Fibroma - Ovaries

•7- Cardiovascular Apparatus

- Arteries - Arterial Hypertension - Hypotension
- Arthritis Of The Lower Limbs - Veins
- Venous Insufficiency – Varicose Veins - Varicose Ulcer - Haemorrhoids - Heart
- Tachycardia - Palpitation
- Coronary Insufficiency•Myocardium Insufficiency - Blood

- Anaemia - Thrombocytopenia
- Infectious Mononucleosis

•8- Metabolic Diseases

- Maturity Onset Diabetes
- Hypercholesterolemia And Hypertriglyceridemia
- Hyperuricaemia
- Excess Weight

- 1) To Stimulate Hepatic And Renal Functions:
- 3) Rebalancing The Cortico-Diencephalic Axis

•9- Allergies

- Antihistamine Gemmotherapies
- Gemmotherapeutic Drainage Of The Liver And Kidneys

•10- Dermatology

- Eczema - Urticaria
- Psoriasis And Psoriasiform Dermatitis
- Acne - Recurring Herpes - Vitiligo - Warts
- Personal Exercise Annex

•Relationship Between Gemmotherapy And The Homeopathic View Of Disease

- Liver Drainage - Kidney Drainage
- Bladder Drainage - Intestinal Drainage
- Stomach Drainage - Lung Drainage
- Heart Drainage - Artery Drainage
- Vein Drainage - Skin Drainage - Nerve Drainage

•Gemmotherapy And Homeopathic

- Constitutions - Carbonic Treatment
- Phosphoric Treatment - Fluoric Treatment

•Gemmotherapy And Homeopathic Diathesis

- Treatment Of Psora
- Tuberculinism Treatment
- Syctosis Treatment
- Treatment Os Syphilis

•Gemmotherapy And Energetics

- Application According To The 5 Elements
- Yin Yang Application
- Clinical Index For Gemmotherapy
- Angiology - Cardiology - Digestive System
- Reproductive System - Dermatology
- Endocrinology - Allergies
- Geriatrics - Nutritional Diseases - Neurology - Eyes - Ears - Paediatrics
- Pneumology - Psychiatry - Kidneys
- Rheumatology

•Marked Activities, Answers, Exam

#352 Bodily Approaches (6 Cr.)

Students' Guide

Exam Deadline
TEACHING METHOD AND WORK
REQUIREMENTS

Hydrotherapy

Treatments Using Water
Physiological Effects
Rain Showers
Sweat Baths
Enemas
Mineral Sources
Reducing Fever
Conclusion
Revision

Swedish Exercises

Introduction and Concept
Physiological Effects
Vital Exercise
Revision

Kinesitherapy

Manual Massage
General Rules and Hygiene
Application of Swedish Massage
Fundamental Manipulations

Mechanotherapy

Illustrations of Massage Techniques
Minute Massage

Reflexology

Conclusion
Revision

General Natural Tonic Treatment

A Gentle Osteopathic Approach
The Technique
Relaxation and Yoga to End the Session
Revision

•Marked Activities, Answers, Exam

#353 Phyto-Energetics (6 Cr.)

Students' Guide**1- Phytotherapy and Energetics**

Plant Medicine
Energetics
Phyto-energetics
Revision

2- Chinese Energetics

Yin and Yang
The 5 Elements or 5 Movements
Physiological Notions
Revision

Plants

Plant Genesis
In Which Form Should the Plant Be Used?
Fabrication Mode
Essence-bearing Plants

Aromatherapy

Medicinal Plants
Revision

Medicinal Plants: Fire

Yin Small Intestine

Yang Small Intestine
Yin Triple Heater
Yang Triple Heater
Yin Heart
Yang Heart
Yin Master of Heart
Yang Master of Heart
AESCULUS
ALLIUM SATIVUM
Angelica
Hawthorn
Birch
Borage
Cinnamon
Corn poppy
Siberian Ginseng
Escholtzia
Eucalyptus
Ash

Wheat Germ

Ginkgo

Ginseng

Mistletoe

Hamamelis

Kola

Marjoram

Olive Tree

Primrose

Wild Passionflower

Lesser Periwinkle

Rosemary

Valerian

Red Vine

Tonic Alfalfa

Revision

Earth Medicinal Plants

Yin Spleen

Yang Spleen

Yin Stomach

Yang Stomach

Pineapple

Green Anise

Burdock

Plant Charcoal

Lemon

Coriander

Cypress

Fumitory

Bean

Ispaghul Seed

Konjac

Mallow

Melissa

Blackcurrant (berry)

Summer Savory

Pollen

Sage

Revision

Metal Medicinal Plants

Yin Colon

Yang Colon

Yin Lung

Yang Lung

Ballota Foetida

White Mullein

Nannyberry

Clove

Ground Ivy

White Horebound

Niaouli

Stinging Nettle
Pine (buds)
Plantain
Senna
Thyme
Echinacea
Spirulina
Revision

Water Medicinal Plants

Yin Bladder
Yang Bladder
Yin Kidney
Yang Kidney
Bamboo
Heather
Bearberry
Quitch Grass
Eupatorium
Joint Fir
FENNEL
Box Holly
Grapple Plant
Hops
Snowflake
Beer Yeast
Corn (stigma)
Blackcurrant (leaf)
Java Tea
Heart's-ease
Mouse-eared Hawkweed
Dandelion
Horsetail
Meadow-sweet
Cherry stalks
Sarsaparilla
White Willow
Tea
Canada Fleabane
Algae
Ylang ylang
Revision

Wood Medicinal Plants

Yin Gall Bladder
Yang Gall Bladder
Yin Liver
Yang Liver
Mugwort
ARTICHOKE
LINDEN CAMBIUM LAYER
Boldo
CARROT
BLACKCURRANT
Milk Thistle
Chrysanthellum Americanum
Fenugreek
Germander
Ginger
Gugulon
Lavender
Soybean Lecithin
Sweet clover
Mint
Menyanthes
Yarrow
Grapefruit
Papaya
Chrysanthemum
Black Radish
Grapes
Guarana

Freeze-dried Royal Jelly

Revision

•Marked Activities, Answers, Exam

#354 Trace Mineral Therapy (6 Cr.)

Students' Guide

Introduction & Definitions

A Medicine of Functions

Notion of Terrain

1- Essential Trace Elements

Signs of Deficiency, Actions, Sources, Needs and Supplementation

Table of Requirements

Simple Application

Complex Application

Revision

2- Trace Element Sources

Natural and Synthetic Sources

True Natural Organic Source

Trace Elements in Food

Revision

3- Application

Treatment Principles

Revision

Dr Ménétrier's Work

Vitamins, Trace Minerals, Essential Fatty

Acids

Iron and Iodine for Trace Mineral

Deficiencies

•Marked Activities, Answers, Exam

#356 Semiology of the Human Terrain (6 Cr.)

Students' Guide

Introduction

Definitions & Concepts

Vitality

Influence Vitality Indications

Philosophical Currents

Vitalism

Humorism (Alexis Carrel)

Hygienism (Sheldon) No Supplementation

Holism

Causalism

The 7 Laws of the Naturopathic Checkups

The 4 Major Biological Filters

Morpho typology

Constitution

Temperament

Diathesis

Bipolarity

Morpho psychology

Introduction

The Study of the Face

Front View of the Face

Sensory Receptors

The Model

Muscle Tone

Basic Constitutions

Constitution Checkups

Retraction

Temperaments

Temperament Checkups

Hippocratic Temperaments

Naturopathic Temperaments

Classifications

Muscular

Respiratory

Cerebral

NervousHyper Nervous

Blood Type

Digestive Type

Red Obese

White Obese

Scale of Vitality

Strong as Horse

Strong

Weak

Descendant's Level 1

Descendant's Level 2

Descendant's Level 3

Kidney Type Temperament

Different Zones

Frontal Dominance

Parietal Dominance

Back of the Head Dominance

Dominance From the Back & Inferior Neck

Psycho-hormonal Types

Neurological Temperaments

Diathetic Checkups

According to Ménétrier

Naturopathic Diathesis

Energetic Diathesis

Homeopathic Diathesis

According to Senne

Practical Checkups

Revitalisation

Naturopathic Cures

Classification

Techniques

Key Elements

Vitality Files

Repertoire

•Marked Activities, Answers, Exam

#461 The Microcosm of Human Energy (6 Cr.)

Students' Guide

Introduction

Matter/Energy Concept

Terms and Definitions

YIN / YANG POLARITY

Tao

Yin / Yang circulation

Energetic Causes of the Development of Disease

Revision

Linear Routes

Meridians

Revision

Secondary Routes

Small Circulation

Classification of Meridians

Revision

Energetic Physiology

The Main Meridians

The Heart Main Meridian

Revision

•Marked Activities, Answers, Exam

#462 Energy Regulation (6 Cr.)

Overview

- The 5 Elements
 - Energy Points
 - Determining Polarity
 - Didactic Applications
 - Skin Stimulation Methods
- Marked Activities, Answers, Exam

#463 Energy Therapy (6 Cr.)

Overview

- The Fire Element
 - The Earth Element
 - The Metal Element
 - The Water Element
 - The Wood Element
- Marked Activities, Answers, Exam

#471 Homeopathy, the Art of Healing (6 Cr.)

Students' Guide

Introduction

Consultation Method

Consultation

History Taking

The Ten Commandments Of Homeopathy

Reason For Consulting

Other Health Problems

Menstruation

Diet And Signs

Temperature

Perspiration

Thirst

Sleep

Dreams

Energy

Particular Sensitivities

Psyche

Observe The Subject

Grouping The Signs

Searching For The Simillimum

Causes, Aetiology

General Signs

Fatigue, General State

Sleep

Psyche

Pulsatilla

Sexuality

Modalities

Secretions, Perspiration

Taking The First Look

Lycopodium

Chamomilla

Sepia

Arsenicum Album

Skin

Nails

Mental Signs

Dietary Cravings And Aversions

Revision

Illustrations And Treatments I

Allergies

Fever

Sore Throat

Cold

Sinusitis

Anxiety And Nervousness

Insomnia

Motion Sickness/Cramps

Revision

Illustrations And Treatments II

Joint Pains

Other Remedies

Traumas And Blows

Operations

Warts

Insect Bites

Intestinal Worms

Stomach Pains

Constipation

Diarrhoea

Revision

Traumas And Blows

Operations

Warts

Insect Bites

Intestinal Worms

Stomach Pains

Constipation

Diarrhoea

Revision

Illustrations And Treatments III

Stomach Aches

Haemorrhoids

Hypertension

Palpitations

Headaches

Migraine

Menopause

Pain During Menstruation

Pre-Menstrual Pains

Varicose Veins And Circulation

Revision

Prostate Disorders

Incontinence

Bladder Burns

Revision

Advice For The Usage Of Homeopathic Remedies

General Information

Taking The Remedies

Preservation

Hering's Law

Prescription Rules

One Or Several Remedies

The First Prescription

The Following Prescriptions

Choice Of Dynamisation

Innocuousness Of Remedies

Marked Activities, Answers, Exam

#472 Homeopathy & Chronic Diseases (6 Cr.)

Overview

- Respiratory Pathologies
 - Geriatric Evolution Scheme
 - Skin Pathology
 - Urinary Pathology
 - Genitals Pathology
 - Psycho-Neuro Pathology
- Marked Activities, Answers, Exam

#473 Homeopathy & the Biological Terrain (6 Cr.)

Overview

- Introduction
 - Psora
 - Lues
 - Sycose
 - Tuberculinism
 - Geriatric Remedies
- Marked Activities, Answers, Exam

#535 Case Studies & Internship (14 Cr.)

Overview

- 36 Theoretical Case Studies; Client Presentation, Questionnaire, Analysis, Recommendations
- 36 days of Internship with a local qualified Naturopath, Homeopath or Acupuncturist chosen by the student and recognized by the AMCC. Internship is also available at the AMCC Clinic in Montreal, Quebec Canada
- 36 Practical Case Study Presentations; Client Presentation, Questionnaire, Analysis, Recommendations
- Theoretical Case Studies - Answers
- Practical Case Study Presentations - Evaluations

#555 Client – Practitioner Relationship (3 Cr.)

Overview

- Why Study the Relationship
- Physiological Expressions of Emotions & Blocks
- Transference – Counter Transference

- Basic Therapeutic Relationship Tasks
- Marked Activities, Answers, Exam

#565 Developing a Professional Practice

(3 Cr.)

Overview

- Laws, Rules & Regulations Legislating Alternative Medicines
- Basic Accounting for a Alternative Medicine Practice
- Marketing and Advertising
- Setting Up a Practice
- Professional Supervision
- Marked Activities, Answers, Exam

#585 Personal Research Thesis

(10 Cr.)

- Choosing a Research Topic
- Planning Research Study
- Collecting Data
- Analysing Data
- Writing the Research Thesis
- Presenting Your Research Thesis